

BACHELOR'S DEGREE



**SCIENCE AND TECHNIQUES  
OF SPORTS AND PHYSICAL  
ACTIVITIES**

**SPORT**  
MANAGEMENT  
SANTÉ



# INTRODUCTION

UNÎMES's STAPS programme offers a 2-year core curriculum, followed by a specialisation in one of two tracks:

- **Sports management (MS),**
- **Health - Adapted physical education (APA-S).**

The programme is distinctive in that it is structured upon the promotion of physical activity and nutrition, placing particular emphasis on longevity and ageing well, in conjunction with food, new technology and tourism, which are core sectors of Occitania's regional economy.

# OBJECTIVES

Among other things, the STAPS bachelor's programme gives the graduate:

- Mastery of multidisciplinary base of knowledge and scientific, technological and technical expertise,
- The ability to be autonomous in project diagnosis, implementation and evaluation,
- Guaranteed pre-professional work experience in one of the proposed tracks

In the MS track, students develop scientific and professional knowledge related to the administration, regulation and management of institutions, organisations, structures, sporting events and the commercialisation of sports products and services.

The purpose of the APA-S track is to train teachers in adapted physical education. They participate in the design, management and assessment of health-related intervention, prevention and education programmes for the whole population, with particular support for people with disabilities or special needs (children, elderly, people with metabolic diseases, etc.) in order to help them adhere to regular physical exercise adapted to their situation.



## SUPPORT TOOLS AVAILABLE

- **Student mentoring**
- **Independent learning online platform**
- **Refresher semester**
- **Relay semester**

## CERTIFICATION

- **In IT: PIX/C2i (French IT certification)**
- **In languages: CLES**

# PROSPECTS FOR CONTINUING STUDIES

Professional Bachelor's degree and Master's degree in the field of your chosen studies.

## POSSIBLE CAREER PATHS

The objective of the University of Nîmes' STAPS Bachelor's degree is to train effective **agents of prevention** who can work for local authorities, non-profit organisations, thermal bath centres and institutions while also respecting national prevention programmes (PNNS, Pour bien vieillir, etc.).

### MS Track

- Middle manager in sport and leisure sectors,
- Manager in non-profit organisations,
- Sports club manager
- Project developer in event communication,
- Sport and leisure advisor for territorial authorities

### APA-S track

- Programme coordinator for integration through adapted physical education (APA), Prevention and Health Education, Rehabilitation and strength training,
- Expert in Prevention through physical exercise (AP),
- APA teacher in specialised environments,
- Trainer in adapted sports and physical exercise,
- Specialised instructor in adapted sports and physical exercise

Many civil service entrance exams are open to those with a Bachelor's degree level.



## KEY FIGURES

**2018 Opening**

**ECTS credits:** 180  
**Duration:** 3 years  
**Level of studies:** BAC +3

### **ENTRY REQUIREMENTS**

- Baccalaureate qualification
- Validation of prior experience (VAE)

### **RECOMMENDED PREREQUISITES**

- Proficiency in science
- Reasoned argument and writing skills
- Athletic skills
- Interested in exercising community, social and civic responsibilities

### **EXPECTED REQUIREMENTS**

- Consult the course catalogue at [www.unimes.fr](http://www.unimes.fr)

### **CONTACT**

Tél. 04 66 36 46 32  
[scolarite.staps@unimes.fr](mailto:scolarite.staps@unimes.fr)

#### **UNIVERSITÉ DE NÎMES**

Rue du Docteur Georges Salan -  
CS 13019 - F-30021 Nîmes - Cedex 1  
Tél. (0) 4 66 36 46 46 - Fax (0) 4 66 36 45 87

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