

LUNDI	12h-13h	13h-14h	14h-15h	15h-16h	16h-17h	17h-18h	18h-19h	19h-20h	20h-21h	21h-22h					
Salle REF	MUSCULATION (P)					MUSCULATION LIBRE (CE)									
Danse Vauban						STREET JAZZ									
Dojo Vauban	CARDIO SANTE					BOXE					PILATES				
Gymnase Vauban						RUNNING Débutant									
Gymnase Vauban	Tennis de table	BBS							BASKET	VOLLEY	BADMINTON				
Complexe Audoyer - Vallon Tennis						TENNIS									
Halle des Sports Ludvine Furnon						ESCRIME									
Gymnase Mont Duplan						FITNESS UM					CHEERLEADER Porté NU				
Gymnase G. Lescut St Cesaire															
Escalade								ESCALADE	ESCALADE						
MARDI	12h-13h	13h-14h	14h-15h	15h-16h	16h-17h	17h-18h	18h-19h	19h-20h	20h-21h	21h-22h					
Salle REF	MUSCULATION LIBRE					MUSCULATION LIBRE									
Danse Vauban	DANSE CREATION					CHEERLEADER Choré NU					ABDO - FESSIERS				
Dojo Vauban	PILATES					JUDO					RUNNING Perf - PPG				
Gymnase Vauban	HANDBALL					FUTSAL Féminin					FUTSAL		VOLLEY BALL		
Piscine Fenouillet						NATATION		ESCALADE							
Bloc Session															
Bois des Espeisses						RUNNING / TRAIL / PPG UM									
MERCREDI	12h-13h	13h-14h				14h-15h	15h-16h	16h-17h	17h-18h	18h-19h	19h-20h	20h-21h	21h-22h		
Salle REF	MUSCULATION LIBRE					MUSCULATION LIBRE									
Danse Vauban	ABDO FESSIERS					YOGA					RAGGA DANCEHALL				
Dojo Vauban	FITNESS (P)					SELF DEFENSE					KICK BOXING		PILATES		
Gymnase Vauban	FUTSAL (P)					HANDBALL					BASKET		VOLLEY		BAD
Stade Marcel Rouviere - Piste								ATHLETISME							
Stade Marcel Rouviere - Tennis								TENNIS							
Bastide															
JEUDI	12h-13h	13h-14h				14h-15h	15h-16h	16h-17h	17h-18h	18h-19h	19h-20h	20h-21h	21h-22h		
Salle REF	MUSCULATION LIBRE					MUSCULATION LIBRE									
Danse Vauban	YOGA (P)					CARDIO DANSE									
Dojo Vauban						PILATES									
Gymnase Vauban	VOLLEY-BALL					BADMINTON					Rencontres et Animations Sportives				
Gymnase Vauban						TRAIL									
Piscine Fenouillet						NATATION									
Golf Nîmes Campagne						GOLF									
Gymnase G. Lescut St Cesaire						CROSS TRAINING UM									
VENDREDI	12h-13h	13h-14h	14h-15h	15h-16h	16h-17h	17h-18h	18h-19h	19h-20h	20h-21h	21h-22h					
SALLE REF	MUSCULATION (P)					MUSCULATION LIBRE (CE)									
Danse Vauban	DANSE Classique					PILATES									
Dojo Vauban						BOXE									
Gymnase Vauban	VOLLEY	BADMINTON				BASE-BALL 5					FUTSAL				