

LUNDI	12h-13h	13h-14h	14h-15h	15h-16h	16h-17h	17h-18h	18h-19h	19h-20h	20h-21h	21h-22h	
Salle REF											
Danse pinede						TANGO ARGENTIN	QI GONG				
Dojo pinede	SELF-DEFENSE										
Gymnase pinede	BADMINTON (P)					BADMINTON	VOLLEY-BALL				
Squash des Arènes						SQUASH					
MARDI	12h-13h	13h-14h	14h-15h	15h-16h	16h-17h	17h-18h	18h-19h	19h-20h	20h-21h	21h-22h	
Salle REF	CARDIO-TRAINING										
Danse pinede	DANSE					FITNESS	MODERN JAZZ				
Dojo pinede						CARDIO BOXE	BOXE				
Gymnase pinede	HANDBALL					BASKET-BALL	FUTSAL		VOLLEY-BALL		
Bloc session								ESCALADE			
Bastide terrain 9									RUGBY		
MERCREDI	12h-13h	13h-14h	14h-15h	15h-16h	16h-17h	17h-18h	18h-19h	19h-20h	20h-21h	21h-22h	
Salle REF	CARDIO TRAINING										
Danse pinede	FITNESS (P)					FLOOR-WORK	PILATES				
Dojo pinede											
Gymnase pinede	FUTSAL (P)					HAND-BALL	BASKET-BALL				
Stade Rouviere									FOOTBALL		
JEUDI	12h-13h	13h-14h	14h-15h	15h-16h	16h-17h	17h-18h	18h-19h	19h-20h	20h-21h	21h-22h	
Salle REF	CARDIO TRAINING					RENFORCEMENT	MUSCULATION				
Danse pinede	YOGA (P)		DANSE (UE)					YOGA			
Dojo pinede	BOXE		JJB		SELF-DEFENSE (UE)						
Gymnase pinede			HANDBALL (UE)		BASE-BALL 5 (UE)		BADMINTON (UE)		COMPETITIONS		
Nemausa			NATATION (UE)		NATATION						
Bloc session						ESCALADE					
G.Lessut St Cesaire									FOOTBALL		
VENDREDI	12h-13h	13h-14h	14h-15h	15h-16h	16h-17h	17h-18h	18h-19h	19h-20h	20h-21h	21h-22h	
SALLE REF			MUSCULATION								
Danse pinede	QI GONG (P)										
Dojo pinede											
Gymnase Pinede	FUTSAL					BASE-BALL 5					